

Big Girls Boogie

Choreographed by Mavis Broom

Description: 32 count, 4 wall

Level: Newcomer/Novice 18 years old and above

Music: 'Big Girls (You Are Beautiful)' by Mika

1-8; WALK TWICE, KICK-BALL CHANGE, WALK TWICE STEP ½ TURN LEFT

1-2 Walk forward right, left

3&4 Kick right forward, step ball of right beside left, step left in place

5-6 Walk forward right, left

7-8 Step forward right, ½ turn left

9-16: WALK TWICE, KICK-BALL CHANGE, WALK TWICE, ½ TURN LEFT

1-8 Repeat steps as above

17-24; HIP BUMPS FORWARD TWICE, HIP BUMPS BACK TWICE, HIP ROLL TWICE

1-2 Small step on to right, bump hips forward twice

3-4 Bump hips back twice

5-8 Roll hips to the right twice, (as if you had a hula hoop). Weight ends on left

25-32; STEP, POINT TWICE, SAILOR STEP, SAILOR ¼ TURN

1-2 Step right over left, (dip right knee) point left to left (optional shimmy)

3-4 Step left over right, (dip left knee) point right to right (optional shimmy)

5&6 Step right behind left, step left to left, step right in place

7&8 Turn ¼ left stepping left behind right, step right in place, step left next to right

REPEAT

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